



## Toilet Training

Whilst it is helpful if your child is clean and dry and no longer wearing nappies or pull-ups, it is not a necessary requirement, as there are changing facilities available at the preschools.

As we do not tend to carry much stock in the way of nappies etc... it would be helpful if your child came to preschool with a bag, containing nappies, wipes and a spare change of clothes.

### **Handwashing after toileting and craft work**

Children are encouraged to use the bathroom facilities correctly at all times. Hand washing after using the toilet and participating in craft or messy activities is encouraged, using hand soap, fresh water and a clean paper towel or hand dryer if preferred.

Children are also encouraged to wash their hands before and after cooking activities. Children are supported by staff to wash their hands before and after consuming food.

**The children's poor hygiene routines are always positively challenged by staff members, to ensure our children remain healthy, and to support our children to develop a clear understanding of the importance of good personal hygiene.**

All new staff and helpers will be made aware of all our policies and will be expected to abide by them.

### **Post COVID-19**

To help control and prevent the spread of the covid-19 virus, we put into place more stringent hand washing routines, which we now continue to adopt these routines as best practice.

- Children and adults are encouraged to wash their hands with soap and water on entering the building.
- Children and adults wash their hands with soap and water after coughing and sneezing.
- Children wash their hands before and after consuming food.